

Mental Illness Microaggressions Scale – Perpetrator Version (MIMS-P)
Gonzales, Davidoff, DeLuca, & Yanos 2015

Items scored on 1-4 Likert scale: 1 = strongly disagree; 2 = disagree; 3 = agree; 4 = strongly agree. Higher scores demonstrate higher amounts of microaggression behavior.

If someone I'm close to told me that they had a mental illness diagnosis, I would expect them to have trouble understanding some things.	1	2	3	4
If someone I'm close to told me that they had a mental illness diagnosis, I would try to talk more slowly so that they wouldn't get confused.	1	2	3	4
If someone I'm close to told me that they had a mental illness diagnosis, I would avoid asking them for favors because it would be hard for them to help someone else.	1	2	3	4
If someone I'm close to told me that they had a mental illness diagnosis, I would be careful in case they "snap."	1	2	3	4
If someone I'm close to told me that they had a mental illness diagnosis, I would tell them they should go to the hospital, even if they told me they were fine.	1	2	3	4
If someone I'm close to told me that they had a mental illness diagnosis, I would give them advice on how to deal with their illness.	1	2	3	4
If someone I'm close to told me that they had a mental illness diagnosis, I would tell them when I thought their behavior was caused by symptoms.	1	2	3	4
If someone I'm close to told me that they had a mental illness diagnosis, I would frequently remind them that they need to take their medication.	1	2	3	4
If someone I'm close to told me that they had a mental illness diagnosis, I would give them advice on how to remain stable.	1	2	3	4
If someone I'm close to told me that they had a mental illness diagnosis, I would help by telling them when they're showing signs of their illness.	1	2	3	4
If I found out that someone I know at work or school had a mental illness diagnosis, I would avoid becoming friends with them.	1	2	3	4
If someone I'm close to told me that they had a mental illness diagnosis, I would look out for specific symptoms and behaviors.	1	2	3	4
If I saw a person who I thought had a mental illness in public, I would keep my distance from them.	1	2	3	4
If I saw a person who I thought had a mental illness in public, I would be careful in case they "snap."	1	2	3	4
